

# Rancho Heritage School



## Busy Bees' Lunch Menu

## September 2021

Milk or Water Fresh Fruit (Banana, Orange, or Melons) are served with every meal

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Chicken Taquitos, & Spanish Rice with Corn	2 Macaroni & Cheese & Mixed Vegetable	3 Whole Wheat Cheese Pizza & Tossed Green Salad	4
5	6 Labor Day RHS Closed	7 Chicken Fettuccine Alfredo with Broccoli	8 Chicken Breast Patty Sandwich & Steamed Corn (Ranch, BBQ & Ketchup)	9 Spaghetti Marinara Sauce & Beef Meatball & Green Bean	10 Whole Wheat Cheese Pizza & Tossed Green Salad	11
12	13 Fish Stick, Fries & Mixed Vegetables (Ranch & Ketchup)	14 Chicken Nuggets French Fries & Steamed Green Bean (Ranch & Ketchup)	15 Grilled Cheese Sandwich & Mixed Vegetable	16 Orange Chicken & Rice, Steamed Vegetable	17 Whole Wheat Cheese Pizza & Tossed Green Salad	18
19	20 Chicken Taquitos, & Spanish Rice with Corn	21 Chili Cheese Fries & Corn	22 Turkey Sandwich and Steamed Corn	23 Bean & Cheese Burritos with Mixed Vegetables	24 Whole Wheat Cheese Pizza & Tossed Green Salad	25
26	27 Four Cheese Ravioli with Marinara Sauce & Steamed Vegetable	28 Quesadillas & Green Bean	29 Teriyaki Chicken Steamed Vegetable & Rice	30 Lasagna with Beef Sauce & Tossed Green Salad		