

# Rancho Heritage School



## Busy Bees' Lunch Menu

**September 2018**

Milk or Water Fresh Fruit (Banana, Orange, or Melons) are served with every meal

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 	3 Labor Day RHS Closed	4 Grilled Cheese Sandwich & Mixed Vegetable	5 Chicken Nuggets French Fries & Steamed Green Bean (Ranch & Ketchup)	6 Macaroni & Cheese & Mixed Vegetable	7 Whole Wheat Cheese Pizza & Tossed Green Salad	8
9	10 Quesadillas & Green Beans	11 Fish Stick, Fries & Mixed Vegetables (Ranch & Ketchup)	12 Chili Cheese Fries & Corn	13 Spaghetti Marinara Sauce & Beef Meatball & Green Salad	14 Whole Wheat Cheese Pizza & Tossed Green Salad	15
16	17 Chicken Taqitos, & Spanish Rice with Corn	18 Lasagna with Beef Sauce & Tossed Green Salad	19 Turkey Sandwich and Steamed Green Bean	20 Bean & Cheese Burritos with Mixed Vegetables	21 Whole Wheat Cheese Pizza & Tossed Green Salad	22
23	24 Chicken Breast Patty Sandwich & Steamed Corn (Ranch, BBQ & Ketchup)	25 Macaroni & Cheese & Mixed Vegetable	26 Turkey or Beef Hotdog Baby Carrot (Ranch, BBQ & Ketchup)	27 Four Cheese Ravioli with Marinara Sauce & Steamed Green Bean	28 Whole Wheat Cheese Pizza & Tossed Green Salad	29 