

Rancho Heritage School



Busy Bees' Lunch Menu

August 2022

Milk or Water Fresh Fruit (Banana, Orange, or Melons) are served with every meal

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Bean & Cheese Burritos with Mixed Vegetables	2 Lasagna with Beef Sauce & Tossed Green Salad	3 Turkey Sandwich and Steamed Corn	4 Teriyaki Chicken Steamed Vegetable & Rice	5 Whole Wheat Cheese Pizza & Tossed Green Salad	6
7	8 Four Cheese Ravioli with Marinara Sauce & Steamed Vegetable	9 Quesadillas & Steamed Mixed Vegetable	10 Chicken Breast Patty Sandwich & Steamed Corn (Ranch, BBQ & Ketchup)	11 Turkey Sandwich and Steamed Corn	12 Whole Wheat Cheese Pizza & Tossed Green Salad	13
14	15 Fish Stick, Fries & Steamed Mixed Vegetables (Ranch & Ketchup)	16 Grilled Cheese Sandwich & Steamed Mixed Vegetable	17 Chicken Nuggets French Fries & Steamed Green Bean (Ranch & Ketchup)	18 Chicken Taquitos, & Spanish Rice with Corn	19 Whole Wheat Cheese Pizza & Tossed Green Salad	20
21	22 Macaroni & Cheese & Mixed Vegetable	23 Chili Cheese Fries & Corn	24 Lasagna with Beef Sauce & Tossed Green Salad	25 Chicken Fettuccine Alfredo with Broccoli	26 Whole Wheat Cheese Pizza & Tossed Green Salad	27
28	29 Spaghetti Marinara Sauce & Beef Meatball & Green Bean	30 Chicken Nuggets French Fries & Steamed Green Bean (Ranch & Ketchup)	31 Bean & Cheese Burritos with Mixed Vegetables			