


# Rancho Heritage School



## Busy Bees' Lunch Menu

August 2018

Milk or Water Fresh Fruit (Banana, Orange, or Melons) are served with every meal

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Chicken Nuggets French Fries & Steamed Green Bean (Ranch & Ketchup)	2 Macaroni & Cheese & Mixed Vegetable	3 Whole Wheat Cheese Pizza & Tossed Green Salad	4
5	6 Quesadillas & Green Beans	7 Fish Stick, Fries & Mixed Vegetables (Ranch & Ketchup)	8 Chili Cheese Fries & Corn	9 Spaghetti Marinara Sauce & Beef Meatball & Green Salad	10 Whole Wheat Cheese Pizza & Tossed Green Salad	11
12	13 Chicken Taquitos, & Spanish Rice with Corn	14 Lasagna with Beef Sauce & Tossed Green Salad	15 Turkey Sandwich and Baby Carrots	16 Bean & Cheese Burritos with Mixed Vegetables	17 Whole Wheat Cheese Pizza & Tossed Green Salad	18
19	20 Chicken Breast Patty Sandwich & Steamed Corn (Ranch, BBQ & Ketchup)	21 Macaroni & Cheese & Mixed Vegetable	22 Turkey or Beef Hotdog Baby Carrot (Ranch, BBQ & Ketchup)	23 Four Cheese Ravioli with Marinara Sauce & Steamed Green Bean	24 Whole Wheat Cheese Pizza & Tossed Green Salad	25
26	27 Orange Chicken & Rice, Steamed Vegetable	28 Grilled Cheese Sandwich & Baby Carrot	29 Spaghetti Marinara Sauce & Beef Meatball & Green Salad	30 Teriyaki Chicken Steamed Vegetable & Rice	31 Whole Wheat Cheese Pizza & Tossed Green Salad	