

Rancho Heritage School



Busy Bees' Lunch Menu

August 2017

Milk or Water Fresh Fruit (Banana, Orange, or Melons) are served with every meal

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Quesadillas & Green Beans	2 Turkey Sandwich and Baby Carrots	3 Chicken Fettuccine Alfredo with Broccoli	4 Whole Wheat Cheese Pizza & Tossed Green Salad	5
6	7 Four Cheese Ravioli with Marinara Sauce & Steamed Vegetable	8 Chicken Nuggets French Fries & Steamed Green Bean (Ranch & Ketchup)	9 Grilled Cheese Sandwich & Baby Carrot	10 Orange Chicken & Rice, Steamed Vegetable	11 Whole Wheat Cheese Pizza & Tossed Green Salad	12
13	14 Chicken Taquitos, & Spanish Rice with Corn	15 Lasagna with Beef Sauce & Tossed Green Salad	16 Fish Stick, Fries & Mixed Vegetables (Ranch & Ketchup)	17 Bean & Cheese Burritos with Mixed Vegetables	18 Whole Wheat Cheese Pizza & Tossed Green Salad	19
20	21 Chicken Breast Patty Sandwich & Steamed Corn (Ranch, BBQ & Ketchup)	22 Macaroni & Cheese & Mixed Vegetable	23 Quesadillas & Green Beans	24 Teriyaki Chicken Steamed Vegetable & Rice	25 Whole Wheat Cheese Pizza & Tossed Green Salad	26
27	28 Chili Cheese Fries & Corn	29 Spaghetti Marinara Sauce & Beef Meatball & Green Salad	30 Turkey or Beef Hotdog Baby Carrot (Ranch, BBQ & Ketchup)	31 Chicken Nuggets French Fries & Steamed Green Bean (Ranch & Ketchup)		