

Rancho Heritage School



Busy Bees' Lunch Menu

July 2017

Milk or Water Fresh Fruit (Banana, Orange, or Melons) are served with every meal

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	3 Spaghetti Marinara Sauce & Beef Meatball & Green Salad	4 RHS Closed	5 Turkey Sandwich and Baby Carrots	6 Chicken Fettuccine Alfredo with Broccoli	7 Whole Wheat Cheese Pizza & Tossed Green Salad	8
9	10 Four Cheese Ravioli with Marinara Sauce & Steamed Vegetable	11 Chicken Nuggets French Fries & Steamed Green Bean (Ranch & Ketchup)	12 Grilled Cheese Sandwich & Baby Carrot	13 Orange Chicken & Rice, Steamed Vegetable	14 Whole Wheat Cheese Pizza & Tossed Green Salad	15
16	17 Chicken Taquitos, & Spanish Rice with Corn	18 Lasagna with Beef Sauce & Tossed Green Salad	19 Fish Stick, Fries & Mixed Vegetables (Ranch & Ketchup)	20 Bean & Cheese Burritos with Mixed Vegetables	21 Whole Wheat Cheese Pizza & Tossed Green Salad	22
23	24 Chicken Breast Patty Sandwich & Steamed Corn (Ranch, BBQ & Ketchup)	25 Macaroni & Cheese & Mixed Vegetable	26 Quesadillas & Green Beans	27 Teriyaki Chicken Steamed Vegetable & Rice	28 Whole Wheat Cheese Pizza & Tossed Green Salad	29
30	31 Chili Cheese Fries & Corn					