


Rancho Heritage School



Busy Bees' Lunch Menu

November 2018

Milk or Water Fresh Fruit (Banana, Orange, or Melons) are served with every meal

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Chili Cheese Fries & Corn	2 Whole Wheat Cheese Pizza & Tossed Green Salad	3
4	5 Quesadillas & Green Beans	6 Fish Stick, Fries & Mixed Vegetables (Ranch & Ketchup)	7 Grilled Cheese Sandwich & Mixed Vegetable	8 Spaghetti Marinara Sauce & Beef Meatball & Green Salad	9 Whole Wheat Cheese Pizza & Tossed Green Salad	10
11	12 Chicken Taquitos, & Spanish Rice with Corn	13 Lasagna with Beef Sauce & Tossed Green Salad	14 Turkey Sandwich and Steamed Green Bean	15 Bean & Cheese Burritos with Mixed Vegetables	16 Whole Wheat Cheese Pizza & Tossed Green Salad	17
18	19 Chicken Breast Patty Sandwich & Steamed Corn (Ranch, BBQ & Ketchup)	20 Macaroni & Cheese & Mixed Vegetable	21 Roasted Turkey or chicken Mashed Potato Green Bean, Yams, etc.	22 Thanksgiving School Closed	23 Thanksgiving School Closed	24
25	26 Four Cheese Ravioli with Marinara Sauce & Steamed Green Bean	27 Chicken Nuggets French Fries & Steamed Green Bean (Ranch & Ketchup)	28 Turkey or Beef Hotdog Baby Carrot (Ranch, BBQ & Ketchup)	29 Chicken Fettuccine Alfredo with Broccoli	30 Whole Wheat Cheese Pizza & Tossed Green Salad	