

Rancho Heritage School



Busy Bees' Lunch Menu

October 2021

Milk or Water Fresh Fruit (Banana, Orange, or Melons) are served with every meal

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Whole Wheat Cheese Pizza & Tossed Green Salad	2
3	4 Chicken Taquitos, & Spanish Rice with Corn	5 Chicken Fettuccine Alfredo with Broccoli	6 Chicken Breast Patty Sandwich & Steamed Corn (Ranch, BBQ & Ketchup)	7 Spaghetti Marinara Sauce & Beef Meatball & Green Bean	8 Whole Wheat Cheese Pizza & Tossed Green Salad	9
10	11 Fish Stick, Fries & Mixed Vegetables (Ranch & Ketchup)	12 Chicken Nuggets French Fries & Steamed Green Bean (Ranch & Ketchup)	13 Grilled Cheese Sandwich & Mixed Vegetable	14 Orange Chicken & Rice, Steamed Vegetable	15 Whole Wheat Cheese Pizza & Tossed Green Salad	16
17	18 Macaroni & Cheese & Mixed Vegetable	19 Chili Cheese Fries & Corn	20 Turkey Sandwich and Steamed Corn	21 Bean & Cheese Burritos with Mixed Vegetables	22 Whole Wheat Cheese Pizza & Tossed Green Salad	23
24	25 Four Cheese Ravioli with Marinara Sauce & Steamed Vegetable	26 Quesadillas & Green Bean	27 Teriyaki Chicken Steamed Vegetable & Rice	28 Lasagna with Beef Sauce & Tossed Green Salad	29 Whole Wheat Cheese Pizza & Tossed Green Salad	30