


Rancho Heritage School



Busy Bees' Lunch Menu

January 2018

Milk or Water Fresh Fruit (Banana, Orange, or Melons) are served with every meal

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 New Year Day RHS Closed	2 Four Cheese Ravioli with Marinara Sauce & Steamed Vegetable	3 Grilled Cheese Sandwich & Baby Carrot	4 Chicken Fettuccine Alfredo with Broccoli	5 Whole Wheat Cheese Pizza & Tossed Green Salad	6
7	8 Quesadillas & Green Beans	9 Fish Stick, Fries & Mixed Vegetables (Ranch & Ketchup)	10 Turkey or Beef Hotdog Baby Carrot (Ranch, BBQ & Ketchup)	11 Chicken Nuggets French Fries & Steamed Green Bean (Ranch & Ketchup)	12 Whole Wheat Cheese Pizza & Tossed Green Salad	13
14	15 Chicken Taquitos, & Spanish Rice with Corn	16 Lasagna with Beef Sauce & Tossed Green Salad	17 Turkey Sandwich and Baby Carrots	18 Bean & Cheese Burritos with Mixed Vegetables	19 Whole Wheat Cheese Pizza & Tossed Green Salad	20
21	22 Chicken Breast Patty Sandwich & Steamed Corn (Ranch, BBQ & Ketchup)	23 Macaroni & Cheese & Mixed Vegetable	24 Chili Cheese Fries & Corn	25 Spaghetti Marinara Sauce & Beef Meatball & Green Salad	26 Whole Wheat Cheese Pizza & Tossed Green Salad	27
28	29 Teriyaki Chicken Steamed Vegetable & Rice	30 Fish Stick, Fries & Mixed Vegetables (Ranch & Ketchup)	31 Orange Chicken & Rice, Steamed Vegetable			